



Glen Park  
Community Centre

# Community Chit, Chat & Chew

*Come for the news, stay for the food*

OCTOBER #1 2020



Glen Park Community Centre and Eastland are expanding our relationship to provide frozen meals using Eastland's Order & Collect Valet service. This service is available to vulnerable community members who do not fall within 5km of Glen Park and are needing an additional helping hand to feed themselves and their family. The meals come frozen for the convenience of storage and are placed in a bag for no contact collection. There is no registration required. Simply arrive at Eastland's Order & Collect Valet area and request Glen Park's meal service. For more information on the initiative, and how to access this service, please visit Eastland's website here— <https://eastland.qicgre.com/Promotions/2020/05/Order-and-Collect>

## FROZEN MEALS AT EASTLAND ORDER & COLLECT

### ROVING REPORTER

#### Q1. If animals could talk, which one would be the most rude?

**A: Delise:** Pigs, because they're...well, pigs! **Jodie:** Alpaca. **Nina:** I know many of us are proud cat owners, I know I am. My Monty boy chats to me often during the day and can be quite animated and insistent. I wish I could actually understand what he's saying. I'm sure there are times he's communicating in a rude fashion—that I'm not tickling his tummy in the right way or that his meowing is more about "give me some more food MUM!".

#### Q2. Who do you look up to the most and why?

**A: Delise:** My dad, because he was the wisest person I have ever known, and he also had a fantastic sense of humor. **Jodie:** Growing up, I looked up to my dad. He always lit up a room with his funny and likeable nature. He was a single parent at the age of 23 and was the most caring, supportive, resilient and involved man. I knew I wanted to be a parent like him. Since he passed in my 20's, I've found I've started to admire acts of kindness by others rather than the individual. **Nina:** During these times, it has definitely been the team I work with and the students. I am very proud of how the entire sector of Learn Locals and Community Houses including Glen Park, have changed to meet the new needs of the community. I would have never thought that our students could have taken up online remote learning so readily and with real success. I have loved seeing how each community house has responded including providing care parcels and meals to those in need locally. I am so proud of the real difference our sector makes.

#### Q3. What would you do differently with your education if you had a chance to start over?

**A: Delise:** I would have studied harder at high school! **Jodie:** I would have changed schools earlier, rather than suffer the bullying thinking it was normal and definitely would have stuck to learning a language. **Nina:** I think I would've chosen the same direction, although given the current circumstances, perhaps a qualification and employment in international politics and relations could be interesting.



**Roving Reporter: Naomi Butler-Moore**  
**Interviewees: Delise Nunis, Jodie Pirak-Murphy, Nina Bekker**



Glen Park Community Centre

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# GUEST REPORTER—KELSEE DOWNEY



Hi everyone! My name is Kelsee and I have been provided with a stage of sorts to talk about myself. Strap yourselves in guys, I'm one interesting gal! I currently live with my long time partner in crime, Matt, in Kilsyth. We have just adopted a beautiful 2 year old American Staffy, who is the cutest but naughtiest puppy you will ever meet! Oh boy, does Bentley keep us on our toes. I have been lucky enough to be associated with Glen Park via family and it feels as though GPCC has always been a part of my life. When I'm not busy writing about myself, I thoroughly enjoy a lazy day on the couch with Bentley and watching a good movie or five. I do hope you're all doing okay and remaining as positive as you can at the moment. Don't forget to be kind to yourself, allow yourself some time to breath and keep in touch with those that you love. We are all in this together and there is always a light at the end of the tunnel. Yours from afar, Kelsee xo

## PET ROCKS—KIDS ACTIVITY



### What you need:

Smooth round rocks, multicoloured craft paint, googly eyes, glue stick, pom poms, permanent marker, paint brush, cotton swabs, fun fur (optional).

### How to create your new friend:

Prime the rocks with white craft paint. Paint the base colour of your choice. Add fun details. Teeth are made by dipping the end of a cotton swab in paint. Draw fine lines with permanent markers.

Glue on eyes, pom poms and fun fur for hair!

The materials listed are suggestions. You can create your pet rocks with any materials that you have on hand, get creative and have fun!

## COMMUNITY PANTRY & COMMUNITY MEALS

Community Pantry—Tuesday 6th October  
10:00am

Take Away Community Meals

Tuesday 6th October

Meals served at 11:30am sharp at the pantry.



**Cafe on the Park.**

Eat, Drink & Be Social at Glen Park



## NAOMI'S FIG & WALNUT SOURDOUGH



Do you think Naomi should share this yummy recipe? Let us know on Facebook—[www.facebook.com/GlenParkCC](http://www.facebook.com/GlenParkCC)

## HEIDI'S REPORT



Welcome to our 25th Edition of Community Chit, Chat & Chew.

Well, we are one step closer to the "new normal". I must say I can't wait to get back to the office and be able to reconnect and see all those faces that make Glen Park the special place it is.

This time of year is typically our busiest time, preparing funding contracts for the coming year, submitting our expression of interest for our delivery planning, preparation for the end of our financial year, program acquittals and registration audits. This is the time of year that I act like a duck, on the surface I look like I'm peacefully treading water but underneath the surface, I'm paddling like crazy to keep afloat. Wouldn't you think with the year we have had, that perhaps this time of year would be quieter? NOPE!

I'm very proud to announce that Glen Park and Eastland have launched our latest partnership project "Order & Collect". This partnership is one more tool in our arsenal to support the most vulnerable members in our community and to provide another avenue to access free and nutritious meals. We are very grateful to Eastland for their in-kind support to ensure this program is available in our community. For further information, please visit the "what's happening" section of our website—[www.glenparkcc.com.au](http://www.glenparkcc.com.au).

Finally, we are currently working on updating our website to make it more accessible and visually pleasing. We aim to have the new and improved version of our website public by mid-October. One of the major updates to the website will be to our photo gallery. We love sharing pictures with the community of the special people, events and activities that take place at Glen Park and the upgrades will allow us to share even more. Stay tuned!

Until next time—stay fit, stay well, and stay in touch.