

Glen Park  
Community Centre

# Community Chit, Chat & Chew

*Come for the news, stay for the food*

SEPTEMBER #1 2020



On Sunday 6th September, Victoria's Premiere Daniel Andrews announced the road map that will lead Victoria to a "Covid normal". The First Step of the Road Map commences 11.59pm on Sunday 13th September. There are a few minor changes that will be implemented from the 13th September. The curfew for Metropolitan Melbourne will be eased to 9pm—5am, public gatherings that meet outdoors have been increased to 2 people or a household for a maximum of 2 hours. Those who live alone or are a single parent can have 1 nominated visitor (all children must be under 18 to qualify) and professional respite care for people with complex needs is allowed. Metropolitan Melbourne plans to move to the Second Step of the road map from 28th September, should the threshold be met (reaching an average daily case rate of 30-50 cases for 14 days straight).

## STAYING CONNECTED

### ROVING REPORTER

#### Q1. If you could be a dish, what would you be?

**A: Michelle:** Coffee Cup! **Payton:** I'd be a summer salad with strawberries and nuts. Good for you and the right amount of sweet and nutty. **Jackson:** I'd probably be a half and half pizza, I like a bit of variation. Likely pepperoni on one side to reflect the 'boring politician' side, and a meat lovers on the other to reflect my personal life. To be honest, I just love pizza—but NO pineapple!

#### Q2. What are you most thankful for?

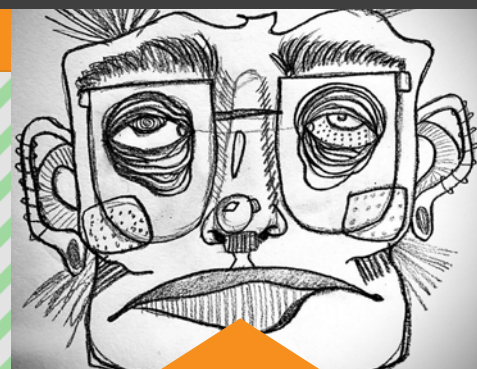
**A: Michelle:** My family. **Payton:** I'm most thankful for my family and being able to live a lovely life. **Jackson:** I am most thankful for our wonderful community, how they have come together through all of this, the kindness shown and love for one another. That has been the standout for me of recent and during COVID. It's always important to have that silver lining and I'd argue our community spirit is that and much more.

#### Q3. If you could spend one day in someone else's shoes, who would it be and why?

**A: Michelle:** Beyonce, looks, body, fame and fortune! **Payton:** Hmm, maybe Marilyn Monroe at her height. How glamorous! **Jackson:** Part of me wants to say Donald Trump, wouldn't that be interesting, but I'll pass and go with one of our local educators. They have done a cracking job of recent and I know the incredibly hard work they have put in with remote learning and all of the challenges 2020 has thrown at us. To experience that first hand would be tough.

**Roving Reporter: Naomi Butler-Moore**

**Interviewees: Michelle Kovacs, Payton Downey & Jackson Taylor MP**



### LOCKDOWN HOBBIES!

It's no secret that we've all had a little bit of extra time up our sleeves during the lockdown. This means it's been the perfect time to pick up an old hobby or start a new one! What hobbies have you recently picked up? When Kasie gets a hit of inspiration, she likes to draw and is experimenting with watercolour paints. Let us know on our Facebook what you've been up to! Upload a photo and tag us using the link below!

[www.facebook.com/GlenParkCC](https://www.facebook.com/GlenParkCC)

Glen Park Community Centre

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# GUEST REPORTER—CONOR RUFFORD-SHARPE



Hi I'm Conor, and I'm 6 years old. My Mummy, Daddy and I live in Bayswater. I go to Gladesville Primary School, when I'm not home schooling with Mummy! I have been coming to Glen Park Community Centre since before I could walk, Mummy tells me I was 11 months old! I've grown up a lot since then. I love seeing everyone at Glen Park, saying hello and telling jokes, which are sometimes put up on the board in the café. My favourite joke is "why did the cookie go to the doctor? Because he was feeling really crummy!". Mummy still laughs at this every time I tell it.

In my spare time, I love playing with Transformers, Bumblebee is my favourite. I also like playing in my kitchen, playing restaurant with my teddies, and playing Mario Kart with Daddy. I hope to see you all at Glen Park soon! Bye for now!

## HOMEMADE FLUFFY SLIME



Have your kids become bored of slime? Why not give fluffy slime a go? Just add shaving cream! Yep, it's that easy—the more shaving cream added, the bigger difference in texture and consistency.

**Ingredients:** 2/3 cup of Elmer's White Glue, 1/2 tsp Baking Soda, 1/4 cup Water, 2-3 cups Shaving Cream, 1 1/2 tbsp Contact Lens Solution, Liquid Food Colouring of your choice.

**Method:** Add your white glue to a bowl, add water and baking soda and mix well. Add the shaving cream, mix well. Add your food colouring until you're satisfied with the colour and mix. Slowly add in the contact solution—add 1 tbsp, knead for 5 minutes and then add in the 1/2 tbsp. It's normal for the slime to be sticky when you first start kneading, if you find it too sticky, add some baby oil to your hands.

## COMMUNITY PANTRY & COMMUNITY MEALS

Community Pantry—Tuesday 22nd September  
10:00am

Take Away Community Meals

Tuesday 22nd September

Meals served at 11:30am sharp at the pantry.



**Café on the Park.**

— Eat, Drink & Be Social at Glen Park —



## PEARL—HEIDI'S SPONSORED RESCUE WOMBAT!



## HEIDI'S REPORT



Welcome to our 24th Edition of Community Chit, Chat & Chew.

I thought in this edition of our newsletter, I would share some statistics with you about the real social value of Glen Park and what we have been doing to support our community during this rather long shutdown. Our readers will know that the office has been closed since March 23rd, 2020. During that time, we have continued to provide Emergency Relief to our community. As a result of the pandemic, the demand for support has increased significantly. Since the beginning of the shutdown in March, Glen Park has provided support to hundreds of families and individuals in the local area. Glen Park has been fortunate to have gained some additional funding from the Australian Government. This additional funding has allowed us to accommodate

the increased demand and we have been able to provide 317 individual bags of essential items, including personal hygiene products, pantry items, pet food, toilet paper, milk, butter etc. In addition to the 317 bags, Glen Park has provided 919 dozen eggs, 471 individual meals, on average 1250kgs of food per month including fresh fruit, vegetables, meat and bread. Sadly, the demand for Emergency Relief is only increasing and our supplies and income is rapidly being depleted. As a result of being shut down, Glen Park has a significantly decreased ability to generate income through usual channels, such as Facility Hire, Café catering and counter sales and Courses. The income we can typically generate just from these 4 streams has decreased from 2019 to 2020 by -\$149,323.00. So now is a good time to remind people that Glen Park has a Deductible Gift Recipient Tax status and all donations above \$2 are tax deductible. If you wish to make a donation, please contact our Finance Coordinator on [finance@glenparkcc.com.au](mailto:finance@glenparkcc.com.au). We also accept donations for Emergency Relief, which you can organise by contacting our Social Enterprise Coordinator directly on [cafe@glenparkcc.com.au](mailto:cafe@glenparkcc.com.au). Until next time—stay fit, stay well and stay in touch.